

# EXCHANGE STUDIES AT JÖNKÖPING UNIVERSITY

SCHOOL OF HEALTH SCIENCES



COURSES  
IN ENGLISH  
**2015/2016**





### JÖNKÖPING UNIVERSITY

- 350 partner universities in 60 countries
- 1,500 international students in Jönköping
- A truly international environment

## SWEDEN AND JÖNKÖPING

Sweden is known for being a clean, beautiful country, covered with lakes and forests and inhabited by 9,5 million people who are friendly, open-minded and welcoming. This is all true. What you have heard about high living standards and low crime rates is true too. There is also beautiful nature, great design and good music.

You will find Jönköping on the southern shore of lake Vättern. The city has a population of 130,000 and a beautiful city centre with cafés, restaurants, shopping, concert venues and gorgeous waterfront views. The university campus is located right in the heart of the city, with anything you might need at comfortable walking distance.

## JÖNKÖPING UNIVERSITY

Jönköping University is characterised by internationalisation, an entrepreneurial spirit and collaboration with surrounding society. We have about 350 partner universities all over the globe and about 1,500 of our 10,000 students are international.

Jönköping University is one of three Swedish private, non-profit institutions of higher education with the right to award doctorates. The university operates on the basis of an agreement with the Swedish government and conforms to national degree regulations and quality requirements.

Research and education are carried out at four schools: School of Health Sciences, School of Education and Communication, Jönköping International Business School and School of Engineering.

## SCHOOL OF HEALTH SCIENCES

As one of Sweden's prime educators in the field of health sciences, health care and social work, the School of Health Sciences is your best choice. It's important for us to maintain high academic quality and to have distinct profile areas. We continually work together with our students to improve our study programmes.

Our education and research experience is long and substantial, and as many of our teachers are also doing research, as a student here you will find yourself on the research frontiers.





## **Programmes at School of Health Sciences**

### **CONDUCTED IN SWEDISH**

The following programmes are mainly conducted in Swedish. However, a number of courses within the programmes are offered in English for exchange students.

#### ***BACHELOR OF SCIENCE – 180 CREDITS***

- Biomedical Laboratory Science, focusing Laboratory Medicine
- Biomedical Laboratory Science, focusing Clinical Physiology
- Dental hygiene
- Diagnostic radiology nursing
- Nursing
- Occupational therapy
- Prosthetics and orthotics
- Social work

#### ***MASTER OF SCIENCE – 60/120 CREDITS***

- Gerontology
- Nursing Science
- Oral Health Science
- Quality Improvement and Leadership in Health and Welfare
- Social Work

### **CONDUCTED IN ENGLISH**

The School of Health Sciences offers the following programmes conducted in English:

#### ***MASTER OF SCIENCE – 60 CREDITS***

- Occupational Therapy
- Interventions in Childhood

BACHELOR OF SCIENCE COURSES	CODE	CREDITS	COURSE PERIOD
<b>AUTUMN 2015</b>			
Cardiovascular Nursing from a Person Centered Perspective		7.5	Aug 24 – Sept 27
Clinical Gait Analysis	HGAK11	7.5	Dec 7 – Jan 24
Community Oral Health	HORK11	7.5	Sept 28 – Dec 6
Health Care Improvement*	HHIB19	7.5	Aug 24 – Sept 27 or Dec 7 – Jan 24
Intercultural and International Communication*	TIKA17	7.5	Oct 19 – Dec 20
Laboratory Methods, Advanced and Applied Course	HLAK11	22.5	Aug 24 – Dec 6
Nursing Science Reflective Practice	HREB18	15	Sept 28 – Dec 6
Nursing Science, focusing on Health and Ill-health in Children	HFHK15	7.5	Dec 7 – Jan 24
Occupational Therapy and Ageing from a Health Promoting Perspective (web-based)	HAHN13	7.5	Aug 24 – Sept 27
Occupational Therapy, Clinical Placement	HAVN11	7.5	Sept 28 – Nov 1
Occupational Therapy, Occupation and Health	HOHG10	7.5	Dec 7 – Jan 22
Occupational Therapy, Progress and Development	HATC18	15	Nov 2 – Jan 24
Old Age Care: An International Perspective	HVIG13	7.5	Sept 28 – Dec 6
Oral Health Literature Course	HOHN12	7.5	Sept 28 – Dec 6
Social Work, Participation and Inclusion	HSIN13	15	Aug 24 – Nov 1
Social Work, Social and Welfare Policy in a Swedish and International Perspective*	HSWK11	7.5	Nov 2 – Dec 6
Swedish Language, Culture and Society 1*	LSL613	7.5	Aug 24 – Oct 25
Swedish Language, Culture and Society 2*	LS2614	7.5	Oct 26 – Dec 20
<b>SPRING 2016</b>			
Cardiovascular Nursing from a Person Centered Perspective		7.5	Jan 25 – Feb 28
Health and Welfare	HHWA17	7.5	Feb 29 – May 8
Health Care Improvement*	HHIB19	7.5	Jan 25 – Feb 28
Health Care Improvement*	HHIB19	7.5	May 9 – June 12
Health Care in Developing Countries		7.5	Jan 25 – June 12
Intercultural and International Communication*	LICA17	7.5	Jan 25 – Apr 03
Laboratory Chemistry, Transfusion Medicine and Hematology Laboratory Methodology, Clinical Practise	HKKK13	12	Apr 4 – May 29
Nursing Science Reflective Practice	HREB18	15	Feb 29 – May 8
Nursing Science, focusing on Health and Ill-health in Children	HFHK15	7.5	May 9 – June 12
Occupational Therapy, Preventive, Remedial and Compensatory Interventions	HOPB17	7.5	Jan 25 – May 6
Oral Health Clinical Practice 1	HO1K11	7.5	Feb 29 – May 8
Radiography and Patient Care in Thoraxradiology	HRTN11	20	Jan 11 – Apr 10
Social Work, with Groups and in Community	HSGN13	7.5	Jan 25 – Feb 28
Swedish Language, Culture and Society 1*	LSLG13	7.5	Jan 25 – Apr 03
Swedish Language, Culture and Society 2*	LS2G14	7.5	Apr 04 – Jun 12

\* Open for all international students and students from different programs

MASTER OF SCIENCE COURSES	CODE	CREDITS	COURSE PERIOD
<b>AUTUMN 2015</b>			
Ageing in the Nordic Countries (web-based)	HANC21	7.5	Nov 2 – Jan 24
An Occupational Perspective of Health 1	HA1R22	7.5	Nov 2 – Jan 24
Occupational Therapy, Evidence-based Practice 1	HE1R20	7.5	Aug 24 – Nov 1
Oral Health, Literature Course	HOHR21	7.5	Nov 2 – Jan 24
Social Work, Participation and Citizenship	HSDR22	15	Aug 24 – Nov 1
Theory of Science and Scientific Method	HTSR25	15	Nov 2 – Jan 24
<b>SPRING 2016</b>			
Ageing in the Welfare State	HAVS25	10	Apr 4 – June 12
Occupational Therapy, Community-based Practice 1	HALR26	7.5	Apr 4 – June 12
Occupational Therapy, Thesis		15	Jan 25 – June 12
Occupational Therapy, Theory 1	HA1R26	7.5	Jan 25 – Apr 3
Oral Health, Thesis 1	HOHT22	15	Jan 25 – June 12

This is an overview of the courses we expect to be offering in the academic year 2015-2016. If there are additions or cancellations, these will be updated on our website, [hhj.ju.se](http://hhj.ju.se) There is a study break between Dec 21, 2015 – Jan 3, 2016.

# Application process for exchange students

## HOW TO APPLY

The School of Health Sciences will receive nominations from the student's home university, after which the student will be provided with a username and password to be able to log in to our online application. All exchange students are required to apply online and to fill out all the information requested in the application such as personal information, choice of courses, and so forth.

## REQUIRED DOCUMENTS

The student must print out the Choice of Courses confirmation, have it signed by the coordinator at their home university and then e-mail it to School of Health Sciences (International Relations Coordinator) together with their transcript of records

before the application deadline. We do not need the original documents, only the scanned version.

## WHEN DO I RECEIVE THE LETTER OF ACCEPTANCE?

The application can take between 2 to 3 weeks to be processed. We kindly ask students to be patient.

European students will only receive their letters of acceptance by e-mail (if they do not request the original). Students from outside Europe will receive it by e-mail and to their home address (in order to be able to apply for a residence permit).

## COURSES

Courses that do not attract a minimum number of participants may be cancelled.

In that case students must choose another course. In addition, it is possible that some courses may clash with each other. Thus, it is important that all exchange students select alternative courses in the online application form. School of Health Sciences also reserves the right to limit exchange student enrollment in classes that are at capacity.

### WELCOME TO JÖNKÖPING

Every semester we have a compulsory introduction week. Students arriving during the arrival dates are guaranteed pick-up service.

We look forward to seeing you in Jönköping!



## Academic calendar

The academic year consists of 40 weeks, divided into two semesters. Each of these two semesters are divided into two periods (autumn semester: periods A1 and A2, spring semester: periods S1 and S2). Full-time study is 15 credits per period, 30 credits per semester or 60 credits per year. There is

a teaching break at Christmas. There is no break during the semester, so international students wishing to travel for more than a weekend in Sweden or Europe should do so either before or after their study period at School of Health Sciences.

It is compulsory for the students to be

in Jönköping for the introduction week. Those students that arrive during the arrival dates are guaranteed pick-up service.

Lectures and regular examinations are included in the academic calendar that ends for the autumn semester in January and for the spring semester in June.

ACADEMIC CALENDER	AUTUMN SEMESTER 2015 (August 17, 2015 – January 24, 2016)	SPRING SEMESTER 2016 (January 25, 2016 – June 12, 2016)
Arrival and pick-up service	August 13 – 16	January 16 – 17
Introduction week (compulsory)	August 17 – 23	January 18 – 22
Welcome meeting (compulsory)	August 17	January 18
Course period including regular examinations	August 24 – January 24	January 25 – June 12



## Requirements

The general language of study at The School of Health Sciences is Swedish. The school offers courses in English in all of the study programmes (30 credits of English courses per programme and semester), open to both Swedish and international students.

The general prerequisite for bachelor exchange students is at least one year of completed university studies at the home

institution before the exchange semester. For applicants interested in master level courses, we recommend prerequisites with the equivalence of a bachelor degree of at least three or four years.

All students must fulfil the prerequisites of each chosen course. When signing the Choice of Courses confirmation the home institution certifies that the student fulfils the prerequisites for each chosen course.

### DEADLINES

Applications for incoming exchange:  
 April 15 – Autumn semester  
 October 15 – Spring semester

### LANGUAGE REQUIREMENTS

Although language test scores are not formally required, all students are expected to meet the minimum English requirements at School of Health Sciences. The home institution is responsible for insuring the fluency in English of the students. Students without the adequate level of English run the risk of failing the courses.

Exchange students must have the equivalence of:

- TOEFL Paper based: a minimum score of 575 TOEFEL with at least 4,5 in "Written test (TWE)".
- TOEFL Internet based: a minimum score of 90 with at least 20 in "Written test (TWE)".
- IELTS Academic: An overall score of 6,5 and no section below 5,5.

## Introduction Week

In the beginning of each semester a compulsory introduction week is organized for all new exchange students. See the academic calendar for exact dates.

The students will be introduced to Jönköping University, receive important information about studies and have the opportunity to take part in social activities organized by the Student Union.



## Accommodation

All new international students are guaranteed accommodation and pick-up service, provided that they apply for accommodation correctly and announce their arrival in time.

[ju.se/accommodation](http://ju.se/accommodation)  
[accommodation@hj.se](mailto:accommodation@hj.se)



## EXAMINATIONS

Regular examinations at School of Health Sciences are given at the end of each period. Examinations can be scheduled on weekdays, evenings as well as Saturdays or Sundays.

## RE-EXAMINATIONS

Swedish universities allow students to take a re-examination in failed courses. This also applies to exchange students taking courses at School of Health Sciences.

Students are required to register at least 10 days in advance for both examinations and re-examinations. Students must bring a valid identification to the examination (i.e. passport or id, not Jönköping University access card).

## COURSE EVALUATIONS

Student representatives are elected among and by programme students, are assigned each year and act as course representatives/course developers to be involved at course

evaluations. They are responsible for giving and receiving feedback to/from teachers.

## HEALTH INSURANCE

Exchange students admitted at Jönköping University receive a supplementary health insurance, which covers the students' medical treatment costs in Sweden. More information can be found in the Insurance terms and conditions.

**PLEASE NOTE:** Regarding medical care and dental care cover, this insurance does not apply for: Citizens of a Nordic country, EU/EEA country, Switzerland, or other country with which a convention regarding medical benefits exists. In these instances the insured person must have an EU card or similar from their home country.

Students will be expected to pay the same health care fees as Swedish residents.

Since the insurance only applies in Sweden, students are recommended to have another insurance that covers their trip to and from Sweden as well as occasional trips outside Sweden.

For more information about the insurance please visit: [ju.se/student](http://ju.se/student)

## VISA/RESIDENCE PERMIT

Students from countries whose citizens require a visa/residence permit are advised to contact the Swedish embassy and/or consulate to start their application for a student visa, which is a procedure that can take 2 months or more. Please contact the Swedish embassy or consulate in your home country for more information.

**Students are recommended to apply online.** For more information visit: [migrationsverket.se](http://migrationsverket.se)

## COST OF LIVING

Living costs, which include food, accommodation, transport, books and any other expenses are approximately 7,500 SEK per month.

All students, including exchange students, are required to pay the obligatory Student Union membership fee, which is approximately 290 SEK per semester.



## AT YOUR SERVICE!

The staff at Jönköping University are dedicated to providing the best possible service – before and during your studies.

### STUDENT SERVICES OFFICES

Provide information about: examinations, results, re-exams, access cards, print-outs and more.

### ACCOMMODATION OFFICE

The Accommodation Office will help you find a place to live. You will receive information about this once you have been accepted to Jönköping University.

### PICK-UP SERVICE

The university arranges pick-up services for arriving international students. To make use of this service it is important that you have applied for accommodation through the university and confirmed your arrival date.

### INTERNATIONAL RELATIONS OFFICE

The IRO develops cooperation with universities all over the world to offer students the possi-

bility to study abroad. Service prior, during and after studies abroad is provided to outgoing and incoming exchange students. In addition, IRO administers scholarships that students can obtain when studying abroad.

### CAREER CENTRE

The Career Centre helps build bridges between university life and professional life and offers career guidance, information, lectures and seminars.

### UNIVERSITY LIBRARY

The University Library is an old foundry from the beginning of the 20th century that has been transformed into a modern research library. Group rooms and reading rooms are available 24 hours a day.

### COMPUTER LABS

Each school within the university has its own computer facilities for students, accessible 24 hours a day. Wireless internet access is also available on campus.

### STUDENT HEALTH CARE

Visits are free of charge and completely confidential. The staff at the Health Centre can help you navigate the Swedish healthcare system.

### SPORTS CENTRE – CAMPUS ARENA

The brand new sports centre on campus is waiting to accommodate your exercise needs. The centre includes a well equipped gym as well as a gymnasium for indoor team sports and offers special discounts to students at Jönköping University.

### SPIRITUAL ROOM

A room for prayer and meditation, open for all regardless of religion, is located on the third floor of the library building.

### RESTAURANTS AND CAFÉS

Food is available at various cafés and restaurants on campus at student prices. Microwave ovens and refrigerators are available in the student kitchen on floor 2.

## USEFUL LINKS

[ju.se](http://ju.se)

[hj.ju.se](http://hj.ju.se)

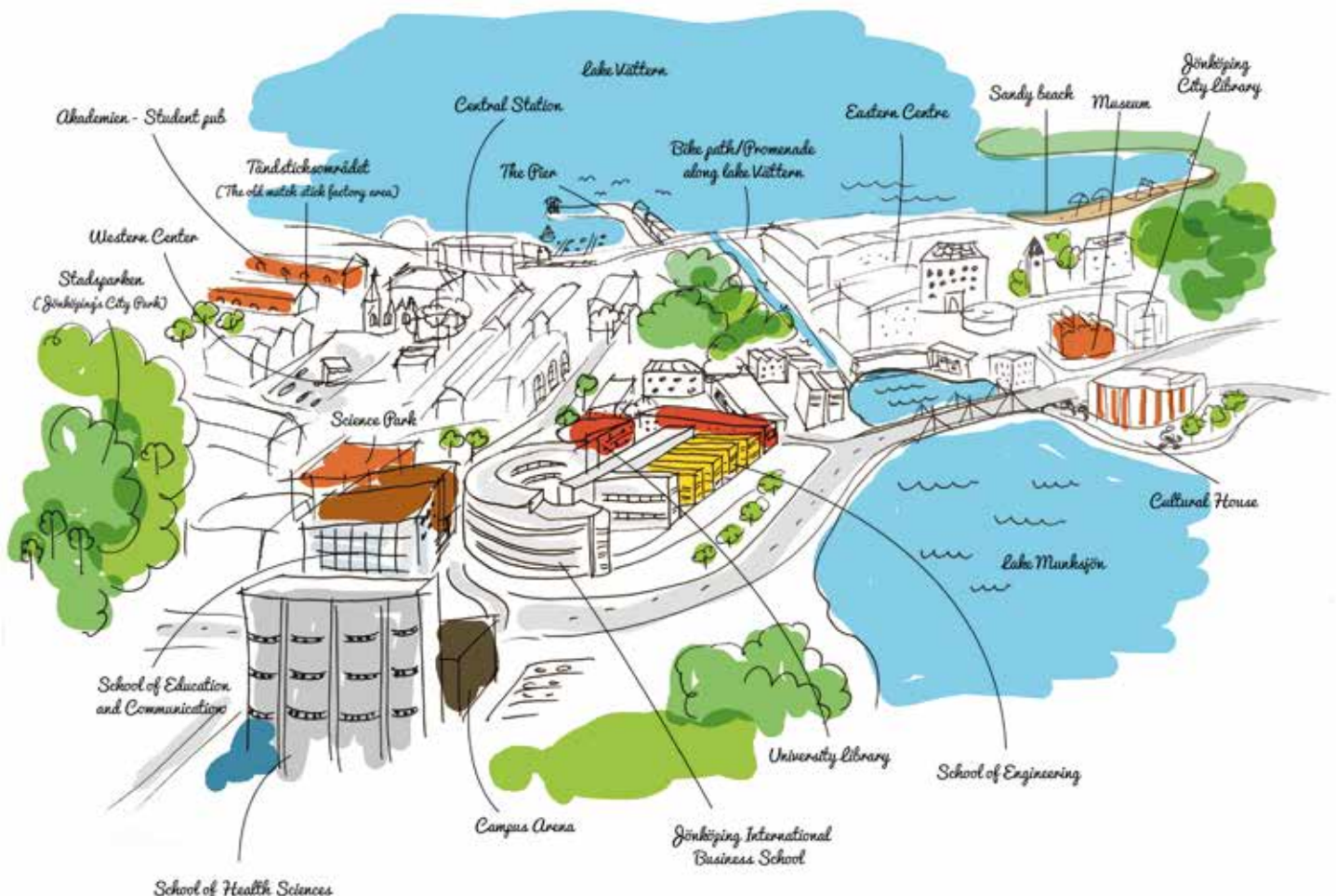
[jonkopingsstudentkar.se](http://jonkopingsstudentkar.se)

[jonkoping.se](http://jonkoping.se)

[sweden.se](http://sweden.se)

[studyinsweden.se](http://studyinsweden.se)

[migrationsverket.se](http://migrationsverket.se)





## Credits and Grading System

### CREDITS

The credits are a value allocated to course units which describes the student workload required to complete the course. The credits reflect the quantity of work that each course requires in relation to the total quantity of work required to complete a full year of academic study at the institution.

It is up to the participating institutions to subdivide the credits for the different courses. The final course grade is awarded only when the course has been completed and all required examinations have been successfully taken.

### WORKLOAD

Full time study load at School of Health Sciences is 7.5 credits per five-week period, 30 credits per semester and 60 credits per year. It is possible to take extra courses

up to maximum 45 credits per semester. Credits are awarded only when the course has been completed and all required examinations have been successfully taken.

In Swedish higher education, the workload of a course is based on the amount of credits that the course is worth. 1.5 credits is equivalent to approximately 40 hours (1 week) of total work. Thus, a normal course of 7.5 credits is equivalent to approximately 200 hours of total work. This includes lecture hours, group work, seminars, homework etc.

Exchange students are recommended to study for one semester at School of Health Sciences and may study for no longer than one year.

### CREDIT TRANSFER

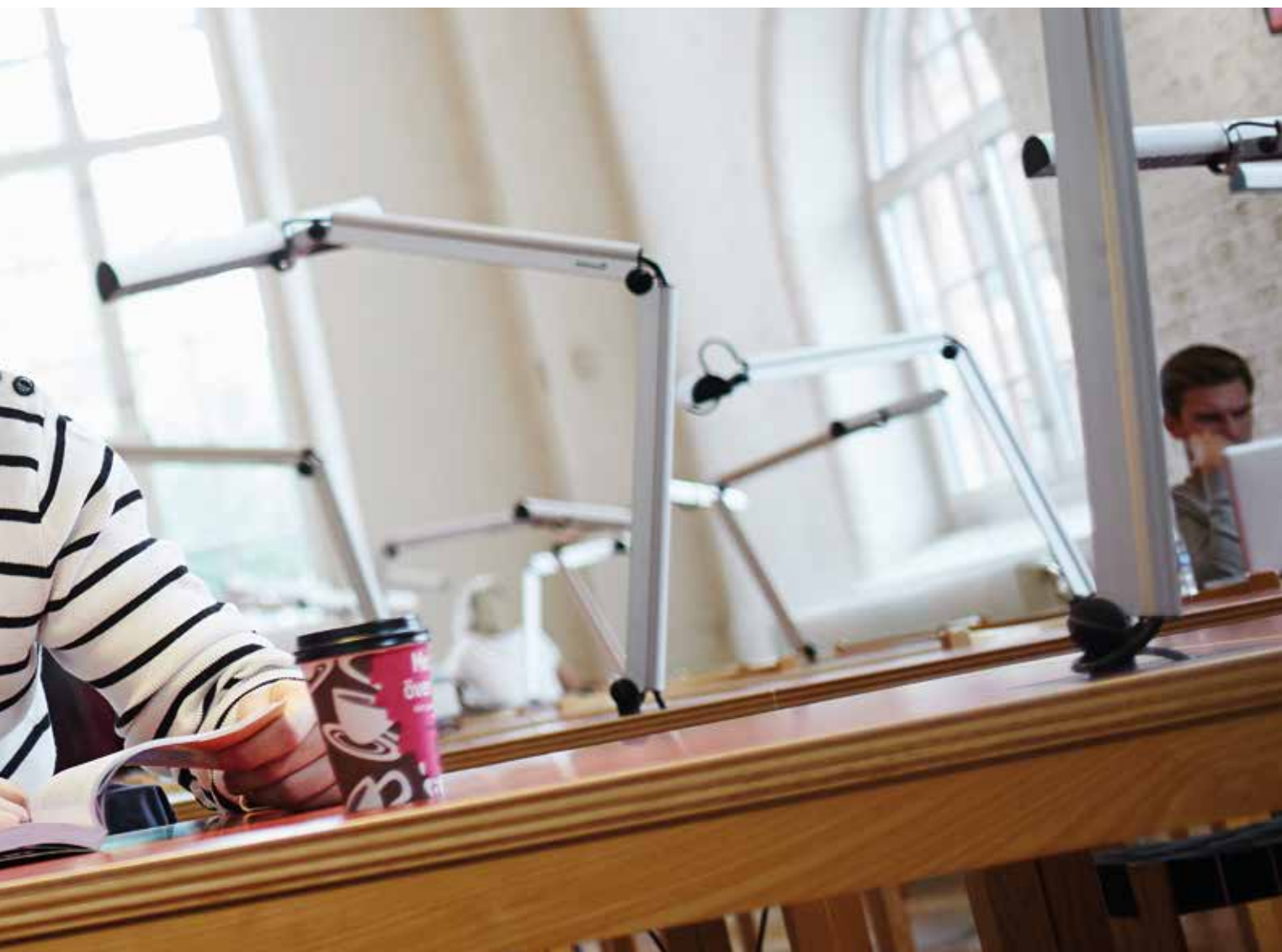
Students participating in exchange will receive full credit for all academic work

successfully carried out during their exchange semester. On completion of the courses agreed upon by the home and host institutions, these academic credits will be transferred to their home institution, based on a learning agreement between the institutions. The transcript of records will be sent to the student's home institution after the end of the semester.

### GRADING SCALE

The grading scale runs from A to Fx. The grades A, B, C, D, and E are all passing grades.

A and B indicate that the student has proven very good or excellent results in relation to the intended learning outcomes of the course. C indicates that the student has proven good and sound results, D that the student has proven satisfactory results, and E that the student has proven the



sufficient minimum to pass the course (fulfilling all intended learning outcomes of the course).

F or sometimes Fx is provided when a

student has not succeeded in reaching the required level for a certain element of examination or intended learning outcome.

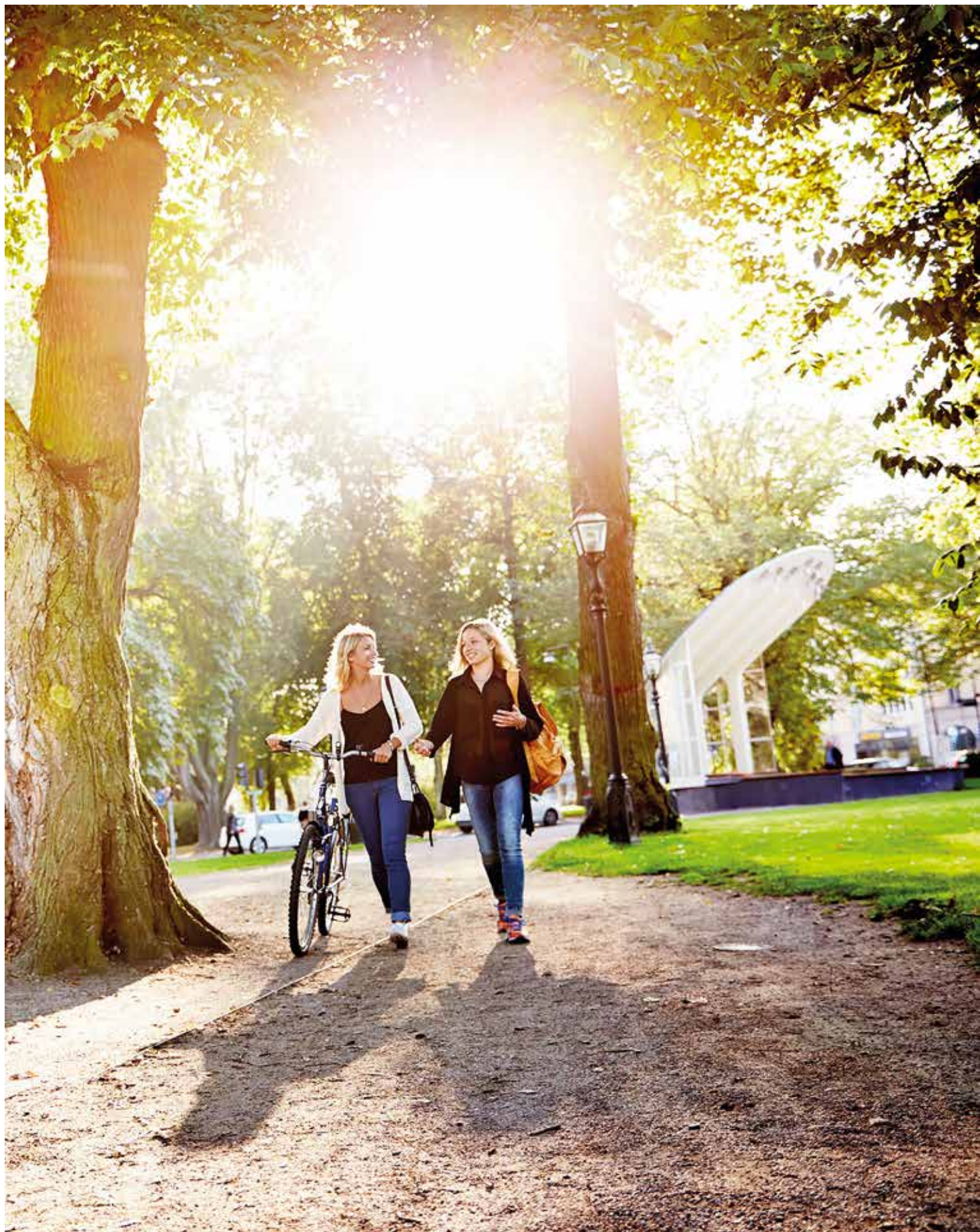
Students who receive an F or Fx are offered

re-examination on the course element(s) in question (e.g. written assignment, written exam, oral presentation).

GRADING SYSTEM	DEFINITION
A	Excellent
B	Very Good
C	Good
D	Satisfactory
E	Sufficient
Fx	Fail Some more work required before the credit can be awarded
F	Fail Considerable further work is required

The transcript of records will be complemented with tables of distribution of grades per passing grade step. This table may be

compared with the grade distribution in corresponding courses at another higher education institution.



**ADDRESS:** Jönköping University, International Relations Office, P.O. Box 1026,  
SE-551 11 Jönköping, Sweden **VISITING ADDRESS:** Students' House, Gjuterigatan 3,  
University Campus **WEBSITE:** [hhj.ju.se](http://hhj.ju.se) **E-MAIL:** [Incoming.student@hj.se](mailto:Incoming.student@hj.se)



**SCHOOL OF  
HEALTH SCIENCES**  
JÖNKÖPING UNIVERSITY